

Dealing with Temptation

Scripture: 1 Corinthians 10:13
James 1:13-15

1 Corinthians 10:13 (NKJV) No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

James 1:13 (NKJV) Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. {14} But each one is tempted when he is drawn away by his own desires and enticed. {15} Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.

I. Understanding the source of temptation

James 1:13 (NKJV) Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. {14} **But each one is tempted when he is drawn away by his own desires and enticed.** {15} Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.

- A. Hot temptation is activated
- B. Temptation flows out of a sinful nature
- C. Temptation is progressive

1 John 2:16 (NKJV) For all that is in the world; the lust of the flesh, the lust of the eyes, and the pride of life; is not of the Father but is of the world.

- D. Temptation will seize you

II. Understanding God's faithfulness

James 1:13 (NKJV) Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone.

1 Corinthians 10:13 (NKJV) No temptation has overtaken you except such as is common to man; **but God is faithful**, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

- A. Facts about temptation
 - 1. Temptation cannot overpower you
 - 2. Your temptation is not unique
 - 3. You have the ability to overcome temptation
- B. God will not allow a unique temptation
- C. God will always provide a way out
- D. God will always help when you cry out to Him

III. How to overcome temptation

1 Corinthians 10:13 (NKJV) ... **but God is faithful**, who will not allow you to be tempted beyond what you are able, **but with the temptation will also make the way of escape**, that you may be able

to bear it.

- A. Flee temptation

1 Corinthians 6:18 (NKJV) **Flee sexual immorality.** Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

- 1. David's example with Bathsheba
- 2. Joseph's example
- B. Cry out to God for help
- C. Look for the way out