

# HEALING

Scripture:

Matthew 14:35-36; 8:5-13  
Mark 9:17-26

## Introduction

Many of us need healing from being emotionally, mentally or physically traumatized.

### I. Two examples of Christ's healing power

Matthew 8:8 NIV The centurion replied, "Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed."

Mark 9:24 NIV Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!"

#### A. Two principles revealed by these accounts

1. The centurion understood the principles of Christ's authority
2. The father knew Christ could sustain his faith

#### B. Some prevailing spiritual conditions

Acts 28:27 NIV For this people's heart has become calloused; they hardly hear with their ears, and they have closed their eyes. Otherwise they might see with their eyes, and hear with their ears, understand with their hearts and turn and I would heal them.

### II. Requisites to healing

Jeremiah 29:13 NIV You will seek me and find me when you seek me with all your heart.

Isaiah 7:9b NIV If you do not stand firm in your faith, you will not stand at all.

#### A. No other options but Jesus

1. Only he can fix us
2. Only he can heal us

#### B. Willingness to trust him

1. That he will not damage you instead of heal you
2. That he will not impose an unacceptable solution upon you

#### C. Confidence in His ability

Hebrews 11:6 NIV And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

### III. How to be made whole

Matthew 14:35-36 NKJV And when the men of that place recognized Him, they sent out into all that surrounding region, brought to Him all who were sick,

and begged Him that they might only touch the hem of His garment. And as many as touched it were made perfectly well.

#### A. Make Jesus your first resort instead of your last

#### B. Let Him be your Expert, the Lord of your life

- C. Ask Him to sustain and strengthen your faith in Him
- D. Ask Him to begin the process of healing in your life  
Philippians 1:6 NIV Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.
- E. Ask Him to carry you through the pain of recovery