# **Cast Your Burden On The Lord**

Scripture: Psalm 55:22

Matthew 11:28-30

#### Introduction

Here is God's invitation to the weary. To those who are longing to find relief from their burdens, God says, Cast your burdens upon the Lord.

## I. The burden of sin

**Isaiah 53:6** All we like sheep have gone astray; we have turned every one to his own way; and the Lord hath laid on him the iniquity of us all.

- A. Christ's burden in Gethsemane
- B. Christ's burden on Calvary
  - 1. On the Via Dolorosa--more than just the cross he carried
  - 2. On the Cross itself--the weight of sin, forsaken by God

## II. The burden of self righteousness

<u>Philippians 3:9</u> And be found in him, not having mine own righteousness, which is of the law, but that which is through the faith of Christ, the righteousness which is of God by faith.

- A. Trying to manifest external righteousness
- B. The inadequacy of our righteousness <u>Isaiah 64:6</u> All our righteousnesses are as filthy rags ....
- C. The adequacy of His righteousness

## III. The burden of cares

1 Peter 5:7 Casting all your care upon him;

- A. Burdens of:
  - 1. Finances
  - 2. Family problems
  - 3. Spiritual problems
- B. His sustaining power